

## The heat is on....

Sunny weather and warm temperatures are now upon us. So far the cottage season in July has been outstanding! Below is the latest edition of the ML Newsletter. Again we are asking for your feedback and input into this newsletter. In this edition you will find a historical perspective on the Island of Alcatraz. We would like to thank Margaret Bryce for providing this glimpse into the past. Maybe you would like to write an article on your experiences on Morrison Lake, maybe a funny story or a family history on the lake, maybe you have a question or maybe you have something you wish to buy or sell. We can expedite the delivery of the newsletter if each resident sends their email address to: ourlake@morrisonlake.ca

Should you be willing to provide input into the newsletter, please contact Paul Kelly at: <a href="mailto:kellysp@sympatico.ca">kellysp@sympatico.ca</a> or at (705) 687-5605.

# Get In Touch

Provide your email address and get regular updates on Morrison Lake at: <a href="https://www.morrisonlake.ca">www.morrisonlake.ca</a>

#### **UPCOMING EVENTS**

It's back again...

Morrison Lake Regatta: August 4-6, 2012

Thank you Jenny Fairbrass for coordinating the Regatta again this year.

(See attached DRAFT schedule of events)

It's back again too....

#### 2012 Golf & Dinner:

Morrison Lake Golf & Dinner Saturday August 18, 2012 MARK IT ON YOUR CALENDAR Thank you Peter & Judi Burkitt for coordinating the Golf & Dinner again this year.

(See attached details)



## LAKE WATCH

President: Daren Boydell......darenboydell84@gmail.com Vice President: Gord Kobe.....gordkobe@hotmail.com Treasurer: Joanne Baker-Forth joannef.43@gmail.com

Morrison Lake Website: www.morrisonlake.ca

Membership Fees \$25: Please send to...MLRA, General Delivery, Kilworthy, Ont. P0E 1G0

#### **Defibrillation**

#### Compact, Easy to Use, Lifesaving Technology

The quick application of an Automated Electronic Defibrillator (AED) device, significantly improves one's chances of survival. Given the rural location of Morrison Lake, having an AED close by, provides you and your family members with peace of mind, knowing that you have an effective tool that works together with CPR, to hopefully save lives.

There are several devices on the market and this HeartSine device is just one example. Cost is \$1799.99.

It is recommended that a road association or group of residents go in together to purchase one. Please see some information below. If your group of cottagers are interested please call Sue Kelly -705-687-5605.

The Balfour Wood Association has just voted to purchase an AED



#### Did you know.....

August Long Weekend - The Chops
For the 10th Year 'The Chops' will be entertaining
Morrison Lake at Ross and Miragh Bitove's on Sunday
afternoon/evening. All are welcome to come and
anchor or join us on-land starting around 4:30pm. The
evening set starts after dinner and 'of age' Morrison
Lakers are welcome to dock and join in the fun.
(Beside old store – South Morrison Lake Rd) Ross Bitove

Did you also know....the new lighthouse on the Reeves property on the island opposite Morrison creek is a one sixth scale model of the pavilion at Seaside, Florida. Too many Peggy's Cove copies!

#### REFLEXOLOGY AVAILABLE ON MORRISON LAKE

Reflexology is a unique and holistic way to support your good health and help you feel better. By nourishing your mental and physical vitality, reflexology can help you let go of tension and maintain your balance in meeting the demands and stresses of your daily life. This ancient art of healing has been proven to improve circulation, improve immune function, reduce pain, support other healing modalities, reduce symptoms of disease, promote relaxation and soothe your tired and achy feet!

I am happy to set up my practice again this summer here on Morrison Lake. If you would like to book an appointment or just find out more about reflexology, please give me a call or email me at:

Lisa Rawlings, Certified Reflexologist (705) 687-0800

#### ASSOCIATION DUES 2012

All residents/cottagers of Morrison Lake are requested to join the Morrison Lake Rate Payers' Association. Your \$25 dues can be paid at the Regatta or by mail to:

MLRA, General Delivery, Kilworthy, Ontario, POE 1G0.

Cheques should be made payable to: *Morrison Lake Rate Payers' Association*Your dues contribute toward the website, the newsletter, insurance and this regatta!!!

From the Treasurer: Joanne Forth

April 30, 2012 bank statement there was \$5,740.89 in the bank

## How About Some Volleyball?

Come on out Saturday August 4th to 1051 North Morrison Lake Road.

It is that time again when many teams will battle for the coveted Frank King Volleyball Trophy.
Last year 9 teams competed in the two day event. Day one consists of the round robin competition in pools and the second day is the elimination round. Last year it was JERRY MATHERS that was victorious.

Early registration is a must. All entries should be text'd to Nick Tsioros at 416 526 0722 or emailed to <a href="mailto:nt.ksnr@gmail.com">nt.ksnr@gmail.com</a>. The tournament begins at 1 pm, so we would ask all teams to arrive by 12:40 pm on the Saturday.

## MEMORIES OF MORRISON LAKE Point Avoca & Alcatraz





My grandmother Mary Ann Page was a widow with four children. She bought this point for \$100 in 1923 from Edwin Grainger, a fellow member of Yonge Street Methodist Church and the owner of Otiosus, now the Slaters' cottage. She named it Point Avoca after their house, Mount Avoca, in Toronto. When they came to have a look at the point for the first time, my mother, Mary, then a child of seven, almost stepped on a rattlesnake. Mr. Grainger chopped off its head with an axe. Two years later, Mary Ann bought it.

Mother and daughter and youngest son Bob, together with an elderly aunt, lived here all summer. They had an eight-foot-square kitchen with a cook stove and a tent with a wooden floor. Eaton's packed the food and delivered it by train. A buried trunk kept the farm milk and eggs cool.

They travelled from Toronto by train, from Southwood by farmer's wagon, and to the island by canoe. The big sons came on the weekends if they could.

They built a one-room cottage to replace the tent in 1936 and Alcatraz in 1939. A dining room linked the summer kitchen and the living room.

Uncle Alan Page took over the cottage from his mother in the 1940's while eldest brother Gordon, now married to Edna Grainger, built a cottage on the other side of the island. It now belongs to Bob's daughter, Jennifer Code.

When hydro was available in 1954, Alan started building, He added another cabin and the boat house and a few years later a bedroom and an indoor bathroom. My brother Gregory added a third cabin for skiing in 1969.

Today Mary would have been 98 years old. The swing overlooking the water was a gift for her 15th birthday. She came back to her cottage in 1965 and spent most of her summers here until her death in 1991. Many of you will remember her paddling alone in her red canoe just before sunset.

By Margaret Bryce



## **CPR Certification Course**

Learn CPR, about choking and AED (Automated External Defibrillation) – on adults and children / infants.

You will receive certification from Toronto EMS.

**DATE:** Tuesday July 31, 2012

**ARRIVAL TIME:** 08:30; The course starts at **0900 SHARP** and runs until about 1:30. The course is four hours with an extra 45 minutes for people who need certification on children and babies.

**AGE:** Anyone over 12 years of age

**REGISTRATION DUE:** by July 17<sup>th</sup>; to register please call Sue or Paul Kelly @ 705-687-5605

**INSTRUCTOR:** Margaret Bryce – a certified instructor with Toronto EMS and Heart & Stroke Foundation

**COST:** \$15.00 / person which covers the material – please bring exact amount or a cheque; Margaret is providing her services free of charge

WHAT ELSE DO I NEED TO KNOW: Wear comfortable clothing because you will be down on the floor; there is a multiple choice test at the end

**REFRESHMENTS:** Coffee, tea, or juice provided on arrival, snack break and light lunch

**LOCATION:** At the home of Sue and Paul Kelly: By Land - 1051 Evanswood Drive; By Boat – SE corner of the lake, with the red Muskoka chairs on the dock, Canadian flag, right beside the "satellite happy face"

LIMIT of 14 people – first come, first serve

## **BUY/SELL/RENT/ADVERTIZE**

#### Muskoka Mobile Sawmill

Have some logs? Want to turn into lumber? Now offering exclusive service on Morrison Lake. We come to you! Mill your logs into fine craft lumber on your own property! Our new Woodmizer mill can handle any job. Call Steve Titus at 289.259.5552 for more information.

#### Morrison Lake Ski Club

Introducing the Morrison Lake Ski Club! In its first year we would like to thank all lake residents for their warm welcome of our new Ski Jump! The Morrison Lake Ski Club has been founded as a community organization to help facilitate water sport progression and to support a community of talented water sport enthusiasts on Morrison Lake. We strive to create a positive learning environment for athletes of all ages. We will run Lake Member only clinics on Sunday mornings from 10 am to 12 pm. Would you like to get involved? Visit our website at <a href="http://www.ml-sc.ca">http://www.ml-sc.ca</a> or call Dustin Titus at 416.625.4417 for more information.

#### PRIVATE SALE COTTAGE- \$500,000 - NO REALTORS PLEASE



1013 Green Place Rd (Off South Morrison Lake Road)
5th driveway on the right to Green Place Rd- then second driveway on the left

'West facing 4 Season Cottage' with 2 walkouts to huge deck with hot tub and a separate Sleeping Bunkie

100 ft Sandy Lake Front Shoreline.

Large flat lot, Drilled Well, Satellite, Septic, 3 Bedrooms, 2 Bathrooms, Open Concept Lovely Kitchen/Dishwasher/Jenair Propane BBQ/Cook top/Farmers Sink, Laundry Air Conditioning/2 Wall Units, 2 Fireplaces/1 wood/1 propane, Hot tub Large wrap around deck with glass railing, Generator, Security System, Storage sheds Fully Furnished

NOTE \* Huge master bedroom facing the lake with bay window and propane fireplace walks out to deck and hot tub

Owner/inquiries: Deborah or Mark at <a href="mailto:deborahdgallo@gmail.com">deborahdgallo@gmail.com</a> or 416-420-9900

Also....Cottage Contents for Sale: (at 1013 Green Place Rd.)
Best Offer: Bunk Beds, Coffee Table, Folding Card Chairs, Lawn Furniture, Etc.

Owner/inquiries: Deborah or Mark at <a href="mailto:deborahdgallo@gmail.com">deborahdgallo@gmail.com</a> or 416-420-9900

### Morrison Lake Regatta 2012 (DRAFT Schedule – FINAL TO BE AVAILABLE SOON)

1075 North Morrison Lake Rd.

#### Saturday July 30

#### 7:30-9:00

Water-ski Competition Titus Dock (Fairbrass)

#### 10:30

Morrison Lake Marathon—3Km (Rawlings)
Balfour Woods Rd Start by Common Area

Volleyball Tournament Registration (See bulletin board & note earlier in the newsletter for details)

#### 1:00-3:00

Silent Auction Hopefully 50/50 Raffle (drawn at Swim Sprints) Accepting Membership fees

#### 1:00-1:30

Junior Olympics (4+) (Sims/Fischer)

#### 1:30-2:00

Scavenger Hunt (Kobe)

#### 2:00-2:30

Hula Hoop Contest (Kate/Megan)

#### 2:30-3:00

Balloon Toss (Katelyn)

6:30 - Ski Show

#### Sunday July 31

#### 10:00

Across the Lake Swim Start location has changed to a raft near Alcatraz (Doyle)

#### 11:00

Swim Sprints Doyle's Beach

1:00 Volleyball Finals

#### Monday Aug 1st.

Bike Ride......Call Gord - 687-4149

Treat the property as you would your own.

#### Please avoid boating during the swim (Sunday 10-11)

Unless otherwise stated all events are held at 1075 North Morrison Lake Rd.

#### Please—NO GLASS - NO PETS

#### **REMINDER:**

Support Your Association
Please make payment at the Regatta or mail to:
Morrison Lake Ratepayers' Association
General Delivery, Kilworthy, ON POE 1G0

### Lake Association Dues: \$25/year/cottage

Membership Benefits Include:

Ratepayers Insurance

Regatta—paid members and guests

Representation of Morrison Lake Community concerns

Website: www.morrisonlake.ca

Morrison Lake Newsletter

#### A BIG THANK YOU..

To the Burns and Doyle Families
To all the volunteers and participants
To those who donated prizes

Contact Persons: Jenny 687-4143

# Morrison Lake Annual Golf & Dinner Saturday, August 18, 2012

## Enjoy 9 Holes of Golf at Lake St. George Golf Course with Dinner to follow at the clubhouse

Golf tee times will begin at 1:00 pm

COCKTAILS: 5:00 pm (Cash Bar)

DINNER: 6:00 pm



Caesar Salad & Rolls

Spring Mixed Salad – 3 choices of dressings

Mixed Vegetable Pasta Salad

Baked Potato with sour cream, etc

10 oz Steak (BBQ your own)

Assorted Petit Dessert Tray – Tarts & Cupcakes

Coffee and Tea



NOTE: This year we are asking that each person bring a non-perishable food item to be donated to the local Food Bank

Sign up NOW for good fun, good food and good time with friends and neighbours.

Payment is due upon registration.

Tee off times will be assigned to you starting at 1:00 pm

Golf & Dinner \$50.00 Dinner Only \$25.00 Golf only \$25.00 (includes golf & cart)

DINNER SPACE IS LIMITED SO RESERVE YOUR PLACE AS SOON AS POSSIBLE TO AVOID DISAPPOINTMENT.

Contact & Registrations:

Peter &Judi Burkitt pburkitt@sympatico.ca
1063 Evanswood Drive, Kilworthy ON P0E 1G0

705-687-7697

#### MORRISON LAKE ANNUAL GOLF AND DINNER

Saturday August 18, 2012

#### Registration Form

GOLF: Lake St. George

Time: Tee times will begin at 1:00pm

DINNER: Lake St. George Clubhouse

Time: Cocktails at 5:00pm

Dinner at 6:00pm

Followed by Prize Draws

Golf & Dinner: \$50 per person

Golf only: \$25 per person (includes golf & cart)

Dinner only: \$25 per person

Please complete & submit to Peter & Judi Burkitt at 1063 Evanswood Dr.

For more information please call us at 705-687-7697 or

pburkitt@sympatico.ca

Golf & Dinner	Golf Only	Dinner Only
Names for golf:	<u> </u>	% <u> </u>
Names for dinner: _	2	
Contact information:		<u> </u>
Dhone:		
Address:		
Email address	ss.	

(Note: Registrations should be submitted to Peter & Judi by August 6, 2012)

## MORRISON LAKE GOLF PHOTOS









## HeartSine samaritan® PAD 300P

Public Access Defibrillator with CPR Coaching

#### Compact, Easy-to-Use, Lifesaving Technology

Sudden Cardiac Arrest (SCA) is a leading cause of death globally. Response time is critical for survival. The HeartSine samaritan® PAD 300P was designed especially for use in public areas by providing a sophisticated defibrillator for adult or pediatric use, inside a lightweight and easy-to-operate system.



#### Compact in Size, Long on Ability

Portable and lightweight. The samaritan PAD is lighter (2.4 lbs.) and smaller than other defibrillators.

**Durable.** The samaritan PAD 300P resists shock and vibration and carries an IP56 Rating, the industry's highest rating against dust and water. It also carries a 10-year unit warranty.

Advanced technology. The samaritan PAD 300P utilizes proprietary electrode technology, advanced and stable firmware, and proprietary SCOPE\*\* Biphasic Technology (an escalating and low-energy waveform that automatically adjusts for patient impedance differences) to assess rhythm and recommend defibrillation if necessary.





Advanced technology balanced against the demands of real world use. At HeartSine, our innovation changes lives. And saves lives.

#### Easy-to-Follow Visual and Verbal Guides

**User-friendly.** The samaritan PAD 300P features easy-tounderstand visual and voice prompts that guide a user through the process including CPR coaching.

**Two-button operation.** Only two buttons, ON/OFF and SHOCK, are required, providing straightforward operation.

**Always ready.** A System Status Ready Indicator flashes to show that the complete system is operational and ready for use. Device automatically runs self check each week.



Visual cues prompt pad placement



Stand clear of the patient



It is safe to touch

#### Real Economy for the Real World

Two parts, one expiration date. Pad-Pak™ cartridge combines battery and electrode pads, with one expiration

**Low cost of ownership.** Cartridge has a shelf life of 4 years from date of manufacture, offering significant savings over other defibrillators that require separate battery and pad units.



Pad-Pak and Pediatric-Pak with pre-attached electrodes.

The HeartSine PAD's built-in intelligence and unique pediatric Pad-Pak ensure the appropriate energy level is delivered for children



 $\star Self-Compensating\ Output\ Pulse\ Envelope\ technology\ automatically\ compensates\ energy,\ slope\ and\ pulse\ envelope\ for\ the\ patient.$ 



Dear Lake, Cottage and Property Owner Associations

Bird Studies Canada is trying to gain better information on where Eastern Whip-poor-wills are breeding in Ontario. As the range often coincides with rural landscapes as well as favourite lake and cottage areas I feel that lake and property owners can greatly help us meet this goal. If you have the opportunity to send the following information out to your members this week (ideally) or anytime in July I would appreciate you letting them know about our project.

My apologies for cross-postings and non-Ontario postings.

Eastern Whip-poor-will calling activity is expected to be increase over the long weekend and next week as there is a full moon on Tuesday July 3<sup>rd</sup>.

Bird Studies Canada is asking birders, cottagers, and rural landowners across central Ontario to spend a few minutes at twilight (ideally about 30 minutes after sunset or 30 minutes before sunrise on a calm, clear, moonlit night) to listen for whip-poor-wills calling near your home, cottage or lake. If you are fortunate enough to hear the unmistakable call of a whip-poor-will, please report your observation to us using our online reporting form. We want to know the location, date, and number of whip-poor-wills you hear. Information provided will be used by researchers studying the distribution of this threatened species. More information about the Ontario Whip-poor-will Project is available at www.birdscanada.org/research/speciesatrisk/wpwi.

To hear the call of an Eastern Whip-poor-will visit <a href="http://www.allaboutbirds.org/guide/whip-poor-will/sounds">http://www.allaboutbirds.org/guide/whip-poor-will/sounds</a>.

Kathy Jones Ontario Volunteer Coordinator (Canadian Lakes Loon Survey) Bird Studies Canada P.O. Box 160 Port Rowan, ON N0E 1M0 volunteer@birdscanada.org

www.birdscanada.org

Toll Free 1-888-448-2473 1-888-448-2473 ext. 124

From time to time, BSC may send you information regarding our programs, special issues, membership, and other correspondence. If you would prefer not to receive this information, please contact us by mail at the address above or e-mail rkirton@bsc-eoc.org. Thank you.

#### Related url addresses

https://www.surveymonkey.com/s/ONWPW2012 www.birdscanada.org/research/speciesatrisk/wpwi http://www.allaboutbirds.org/guide/whip-poor-will/sounds